

Supplemental Activity: My Favorite Snack

Supplies Needed:

- 2.7_SW_My-Favorite-Snack-Worksheet
- Blank paper
- Writing utensils

Length of Time to Complete:

- 5 minutes to introduce activity
- 20 minutes to complete activity

Audience (grades): 2nd

Common Core Standards Taught:

- English Language Arts: Reading Informational Text: 2.1
 - Ask and answer such questions as *who*, *what*, *where*, *when*, *why*, and *how* to demonstrate understanding of key details in a text.
- English Language Arts: Writing: 2.2
 - Write informative/explanatory texts in which they introduce a topic, use facts and definitions to develop points, and provide a concluding statement or section.

Lesson:

Raise your hand if you can remind me why it is important to choose Go snacks.
(*Go snacks give your body energy you need to think clearly and perform at your best.*)

What could happen if you don't feed your body when it needs fuel?
(*You could feel tired, have a hard time concentrating, feel anxious, get a headache, feel crabby, or get the "shakes".*)

What kinds of foods make good Go snacks?
(*Fruit, vegetables, yogurt, nuts, seeds, eggs, whole grains, cheese etc.*)

Today, we are going to describe our favorite Go snack.

(Distribute My Favorite Snack Worksheet.)

Before we begin writing about our favorite snacks, we are going to brainstorm. Writers brainstorm before they begin to write. Brainstorming helps writers organize their thoughts.

Writers use six questions to guide their writing:
Who? What? Where? When? Why? How?

Once writers answer these six questions, they can begin writing an organized piece of work.

(Allow students to fill out the handout).

Now that we've brainstormed, it is much easier to write. Take out a blank piece of paper. Use each question to help formulate an organized paragraph.

(Write on board:)

What is my favorite snack?

My favorite snack is _____.

Why do you like it?

I like _____ because _____.

When do you like to eat this snack?

I like to eat this snack _____.

(Continue to help students formulate a complete paragraph.)

(Optional: After students are done writing, have them draw a picture of their favorite snack.)